

# Kiong'anyo hill and its forest nature trails

## Morning:

- Start your day with a delightful breakfast at Humphreys Hill House, energizing yourself for the adventure ahead.
- Depart from the hotel and head towards Kiong'anyo Hill, a magical natural wonder just a short distance from Kisii.
- Upon arrival, begin your exploration of the forest nature trails. Wander through the lush vegetation, listening to the symphony of birdsong and the rustle of leaves underfoot.
- Take your time to soak in the beauty of your surroundings, pausing to admire unique plant species and perhaps spot some of the forest's resident wildlife.

### Lunch:

- As midday approaches, find a picturesque spot to enjoy a picnic lunch amidst the serene surroundings of Kiong'anyo Hill.
- Spread out a blanket and savor a delicious meal surrounded by towering trees and the gentle babbling of nearby streams.

• Use this time to relax, recharge, and reflect on the wonders you've encountered during your morning exploration.

#### Afternoon:

- After lunch, continue your adventure through the forest trails, venturing deeper into the heart of Kiong'anyo Hill.
- Follow your guide as they lead you to the secret groves where ancient trees stand sentinel.
- Immerse yourself in the tranquility of nature, breathing in the fresh air and feeling the stress of everyday life melt away.
- Capture the beauty of Kiong'anyo Hill with your camera, preserving memories of this magical place to cherish for years to come.

#### Evening:

- As the day draws to a close, make your way back to Humphreys Hill House, where a delicious dinner awaits.
- Relax and unwind in the comfort of your accommodations, recounting the highlights of your day and sharing stories with fellow guests.
- Perhaps take a leisurely stroll around the hotel grounds, enjoying the cool evening breeze and the sights of the surrounding landscape.
- Retire to your room for a restful night's sleep, dreaming of the wonders you've experienced on Kiong'anyo Hill.