



## Explore Nyangweta Forest

### ***Morning:***

Begin your day with a delicious breakfast at Humphreys Hill House, preparing yourself for a day of exploration.

### ***Morning to Afternoon:***

Depart from the hotel and head towards Nyangweta Forest. Upon arrival, embark on a guided nature walk through the forest trails. Your experienced guide will lead you through the dense foliage, pointing out unique plant species, medicinal herbs, and fascinating wildlife along the way. Keep your eyes peeled for sightings of colorful birds, playful monkeys, and other creatures that call Nyangweta home.

***Lunch:***

Enjoy a picnic lunch amidst the tranquility of the forest, surrounded by towering trees and the soothing sounds of nature. Take this time to relax, soak in the serene atmosphere, and refuel for the afternoon ahead.

***Afternoon:***

Resume your exploration of Nyangweta Forest, delving deeper into its hidden corners and discovering its secrets. Your guide may take you to scenic viewpoints or ancient tree groves, offering insights into the ecological importance of this pristine ecosystem.

***Evening:***

Conclude your forest adventure with a visit to the Nyangweta Forest Visitor Center, where you can learn more about the flora, fauna, and conservation efforts within the forest. Browse through informative exhibits, chat with knowledgeable staff members, and perhaps even purchase souvenirs to commemorate your visit.

***Evening:***

Return to Humphreys Hill House, where you can relax and unwind after a day of exploration. Treat yourself to a refreshing shower or dip in the pool, followed by a delicious dinner at the hotel restaurant. Spend the evening recounting your adventures in Nyangweta Forest, sharing stories and photos with fellow guests or simply enjoying a quiet moment of reflection amidst the tranquil surroundings of Humphreys Hill House.